# **LUNCH SPECIAL MENU**

Main Course £11.95, (Add a Starter or Dessert for £4.95), Monday – Friday, 12pm – 3pm

## **STARTER**

#### Calamari Fritto 🖘

Fried calamari rings served with herb mayonnaise.

### Nduja Arancini

Spicy nduja and fennel risotto balls in breadcrumbs with herb mayonnaise.

### Burrata Crostini 🖹

Toasted bread topped with burrata, mortadella, sundried tomato & pesto.

#### Mixed Porcini O

Pan fried wild mushrooms served with a pecorino cheese, creamy garlic sauce & toasted bread.

## MAIN

### Spaghetti Alla Carbonara

Italian smoked bacon with parmesan cream, poached egg sauce & crispy pancetta.

#### Lasagne

Oven baked pasta with meat ragu, béchamel sauce, tomato & parmigiano-reggiano cheese.

#### Salmone

Salmon & mussels served with baby new potatoes, seasonal vegetables, & creamy capers sauce.

### Egg's Benidict

Toasted ciabatta bread served with mortadella, spinach, poached eggs & hollandaise sauce.

### Vegetale Pizza 🗸

Tomato, mozzarella, sundried tomatoes, peppers, mushrooms & basil.

### Risotto Ai Funghi O

Risotto rice, wild mushrooms, vegetable broth, mascarpone, parmesan, truffle oil & micro herbs.

# **DESSERTS**

#### **Tiramisu**

Sponge fingers, mascarpone, marsala & amaretto. alcohol 0.5%

#### **Chocolate Banoffee**

Chocolate, caramel, bananas, whipped cream & honeycomb.

### Affogato Café

Vanilla ice-cream, Amaretto & espresso. alcohol 0.5%

### Gelato Misto (2 Scoops)

Selection of ice-cream or sorbet locally sourced from Dunstable Farm. (Please ask for the flavours of the day)

#### ALLERGY GUIDE



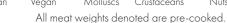








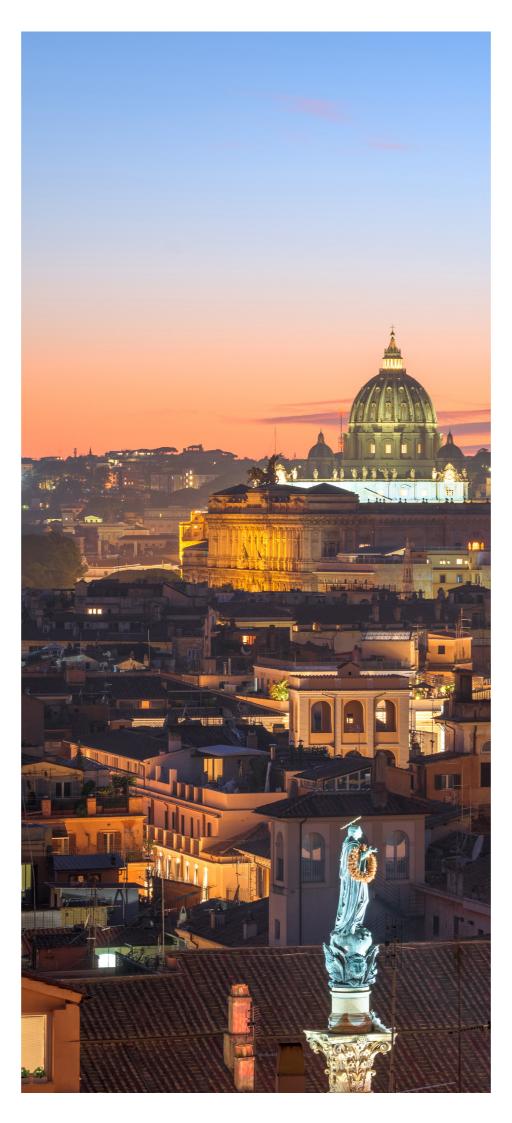




Due to the presence of nuts in our restaurant, there is a small possibility that traces of nuts may be found in any of our dishes. All prices are inclusive of VAT.

For details of allergens please speak to a member of our team.

There is a discretionary 10% service charge for parties of 8 or more people.





# **A LA CARTE MENU**



# **CICHETTI**

| Pane All'Aglio (v) - Sharing for two Hand stretched garlic bread.                                  |      |
|--|------|
| Rosemary, Garlic & Sea Salt  | 8.95 |
| Garlic & Cheese  | 8.95 |
| Panne Fresco Fresh bread from our own bakery made by hand served with olive oil & tapenade olives. | 4.95 |
| <b>Zucchini Fritti (</b> Battered courgette fries served with a herb mayonnaise.                   | 5.50 |
| Polenta Chips  Deep fried corn flower cubes served with truffle mayonnaise.                        | 5.50 |
| Pickled Vegetables 💇   | 5.50 |
| Nduja & Fennel Broth Arancini Served with a herb mayonnaise.                                       | 5.50 |
| Handpicked Italian Olives V Co Marinated in garlic oil & herbs.                                    | 4.95 |

# **ANTIPASTI**

| Calamari Fritti Example Fried calamari rings served with fried parsley, herbs mayonnaise & lemon.              | 8.95  |
|--|-------|
| Cozze alla Panna © Fresh British mussels with creamy white wine, shallots, parsley & toasted bread.            | 9.95  |
| Gameberoni ♀ ♀<br>King prawns cooked in garlic & chilli butter served with samphire & ciabatta bread.          | 9.95  |
| Beetroot Carpaccio 🗸 😂 Coloured beetroot with pickled onion rocket & walnuts served with a chive oil dressing. | 7.95  |
| Prosciutto di Parma 24 months dry aged, freshly sliced with extra virgin olive oil. Add fresh melon £1         | 12.95 |
| Ravioli 💿 🖞  | 12.95 |
| Crab, lobster & prawn filled ravioli with a chilli garlic & butter lemon sauce.                                |       |

# **INSALATE**



| Caesar salad  ○ Chargrilled chicken fillets, crispy pancetta, baby gem, lettuce, parmesan shavings, anchovies, croutons & Caesar dressing. | 14.50 |
|--|-------|
| Crab salad   | 14.95 |
| <b>Duck Salad</b> Shredded crispy duck in BBQ, with thinly sliced orange carpel, cooked beetroot,  | 14.95 |

rocket, watercress served with house dressing.



Our Pizzas are made using techniques by hand stretching the dough to create the perfect crust, waiting 20 hours proove.

| Margherita V Tomato, mozzarella, oregano & basil.  | 13.00 |
|--|-------|
| Piccante Tomato, mozzarella, chorizo, nduja & peppers.   | 16.95 |
| Burrata Mortadella (25) Tomato, mozzarella, mushrooms, cured mortadella ham & roast pistachio.                 | 17.50 |
| <b>Vegetale </b> Tomato, mozzarella, red onion, peppers, mushroom, olives & sundried tomato.                   | 13.95 |
| Trentina ≥ Tomato sauce, mozzarella, sausage, sundried tomato & pesto.   | 16.50 |
| Belluno Calzone Tomato, mozzarella, pepperoni, ham, fennel sausage, mushrooms & a touch of Belluno bolognaise. | 17.50 |
| <b>BBQ</b> BBQ sauce, mozzarella, bacon, chicken, red onion & pancetta.  | 17.50 |
| Pizza Crudo di Parma<br>Tomato, mozzarella, prosciutto, rocket, parmesan shavings & oilve oil.                 | 17.50 |
| Funghi V White pizza, mozzarella, wild mix mushrooms, rocket, truffle oil & pickled onion.                     | 15.50 |
|  |       |

### **PASTA**

Our pasta is Italian sourced Barilla that is delicately blended with each of our fresh ingredients to create the perfect pasta dishes.

| Pappardella alla Bolognese<br>Slow cooked beef ragu, tomato & basil.  | 14.95 |
|---|-------|
| Spaghetti alla Carbonara Italian smoked bacon, with parmesan cream sauce, crispy pancetta & poached eggs.                                 | 15.50 |
| Casarecce al Salmone  Smoked salmon, asparagus, peas, spinach leaves puree, lemon & herb mascarpone.                                      | 15.95 |
| Linguine Pescatore  | 18.95 |
| Lasagne Oven baked pasta with meat ragu, béchamel sauce, tomato & parmesan cheese.  | 15.95 |
| Linguine Rosa (*) Chilli garlic butter with a light tomato cream, roast cherry tomato, pecorino cheese, olive oil, basil & burrata.       | 14.95 |
| Pappardelle d'anatra alla Veneta Belluno special slow cooked duck ragu with pappardelle pasta, pecorino cheese & topped with micro-herbs. | 17.50 |
| Ravioli 👽 🖫<br>Crab, lobster & prawn filled ravioli with a chilli garlic & butter lemon sauce.  | 24.95 |
| Nduja alla Casarecce<br>Light cream, parmesan, fennel sausage, nduja, baby spinach & broccoli.  | 15.95 |

### **RISOTTO**

| Risotto con Salmone Smoked salmon, white wine, asparagus, peas, spinach puree, & parsley oil topped with mascarpone & fresh dill.      | 16.95               |
|--|---------------------|
| <b>Risotto ai Funghi ©</b><br>Risotto rice, wild mix mushrooms, vegetable broth, mascarpone, parmesan, truffle oil, & micro            | <b>14.95</b> herbs. |
| Pesce Risotto   Battered hake fish, lemon, parmesan, saffron & vegetable broth.  | 16.95               |
| MEAT & FISH  |                     |
| Pollo con Funghi Pan fried cornfed chicken, crushed new potatoes, Italian mushroom sauce, king oyster mushroom & truffle oil.          | 22.95               |
| Polla alla Valdostana Sea Corn fed chicken stuffed with nduja, mozzarella in breadcrumbs served with pepperonata, pesto & micro herbs. | 22.95               |
| Grigliata di Pesce 🖾 🖫<br>Pan fried hake, king prawns, salmon, samphire, lemon & cream & butter sauce.                                 | 23.50               |
| D'anatra Duck legs served with a beetroot puree, saffron potatoes, pickled red onion & pomegranate red wine reduction.                 | 23.50               |

### Fish of the Day

We work with our local fishmongers to bring you the very best fresh fish, straight from British waters. Each dish is served with a side of your choice and a specially made sauce.

Please ask your server for details.

# **HOUSE FLAME GRILL**

| 10oz Sirloin Steak | 26.95 |
|--------------------|-------|
| 10oz Rump Steak    | 24.95 |

| 1 kg of dry aged T-bone<br>Served on a hot stone<br>with two sides of your choice (to share) |      |
|--|------|
| Peppercorn Sauce   | 1.95 |
| Mushroom Sauce   | 1.95 |
| Hollandaise Sauce  | 2.95 |
|  |      |

64.95



**Tuscan Experience** 

| SIDES   |      |
|---|------|
| Hand Cut Chips 🗸 🧐                                    | 4.95 |
| Rocket & Parmesan 🕜                                   | 4.95 |
| Vine Tomato, Basil & Onion Salad 🕐 🌝                  | 4.95 |
| House Mix Salad 🕏 🚾                                   | 4.95 |
| Nduja New Potatoes & Pesto 🕜 🕾                        | 4.95 |
| Tender Stem Broccoli with Garlic Butter & Almonds 🕜 🕾 | 4.95 |
| Beetroot Salad, Chive Oil & Mixed Nuts 🗸 🕫 🕾          | 4.95 |
| Tender Stem Broccoli with Garlic Butter & Almonds 💟 🕾 | 4.95 |